# Mental Health Resource

**US- Based Therapists/ Organizations Specializing in Working with the Sikh/Punjabi Community**

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<thead>
<tr>
<th>Name</th>
<th>Phone Number</th>
<th>Address</th>
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<tbody>
<tr>
<td>Sikh Family Center</td>
<td>(866)-732-7392</td>
<td>751 Laurel St. #410</td>
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<td><a href="mailto:contact@sikhfamilycenter.org">contact@sikhfamilycenter.org</a></td>
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<tr>
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<td>Priya K Tahim</td>
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<td>Sterling, VA 20165</td>
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<tr>
<td>Omarpreet Kaur</td>
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<td>Licensed marriage and family therapist</td>
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<td>Dr. Sarabjit K. Singh, MD</td>
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<tr>
<td>Licensed Professional Counselor, EdD, LPC, NCC, CCMHC, BC-TMH</td>
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<td>Harjeet Kaur</td>
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